



## EXPERIENCE GERMANY

Become an au pair in the heart of Europe



# Discover Germany As an Au Pair!

## YOUR AUPAIRCARE GERMANY PROGRAM

The AuPairCare Germany Program provides qualified young women and men the unique opportunity to live with a German family while working as an au pair and caring for the family's children.

The program in Germany is run by AYUSA International, a Berlin-based organization with more than 20 years of experience in cultural and educational exchange programs. AYUSA is part of the U.S. umbrella organization Intrax, which has officially operated the AuPairCare USA program since 1989. It has developed to become one of the largest programs in the USA with more than 30,000 successful au pair placements.

AYUSA will match you with a caring host family, help you with your visa application and provide constant support to ensure you have a successful stay in the heart of Europe.



## YOUR PROGRAM BENEFITS

- Make a real difference in the lives of children
- Gain maturity, confidence and international work experience
- Earn money while experiencing life in Germany
- Use your paid vacation time to travel in Europe
- Make new friendships that will last a lifetime
- Teach Germans about your culture and language while learning about theirs

## YOUR AYUSA ADVANTAGES

- Flexible program lengths: Choose between 6 and 12 months
- Free flight for a 12-month commitment
- Local support during your entire stay in Germany
- You and your host family decide on each other



## Facts about Germany Part I:

*Did you know that German is the most widely spoken language in Europe?  
- More than 100 million people speak German as their native language and many millions more speak German as a second language.*



## Facts about Germany Part II:

*Did you know that Germany has more museums than Italy and the UK combined?*

*- Germany boasts a total of more than 5,700 museums. The city of Berlin alone welcomes about 9 million visitors to its 150 museums annually.*



## SUPPORTING YOU FROM START TO FINISH

The experienced and helpful AYUSA staff will ensure that your stay in Germany will be a rewarding one.

### YOUR GERMAN FAMILY

With the AuPairCare Germany Program, both the family and you get to decide if you want to be matched together. All families are carefully screened. An AYUSA representative interviews each family in-person and assesses the family's suitability for the program.

Most host families live in the metropolitan areas of Germany's largest cities. Typically, both parents work and have 1-3 children between the ages of 1-8 years. Our families are open to new ideas, interested in the world and other countries. Many families look forward to having you teach their children your customs and language.

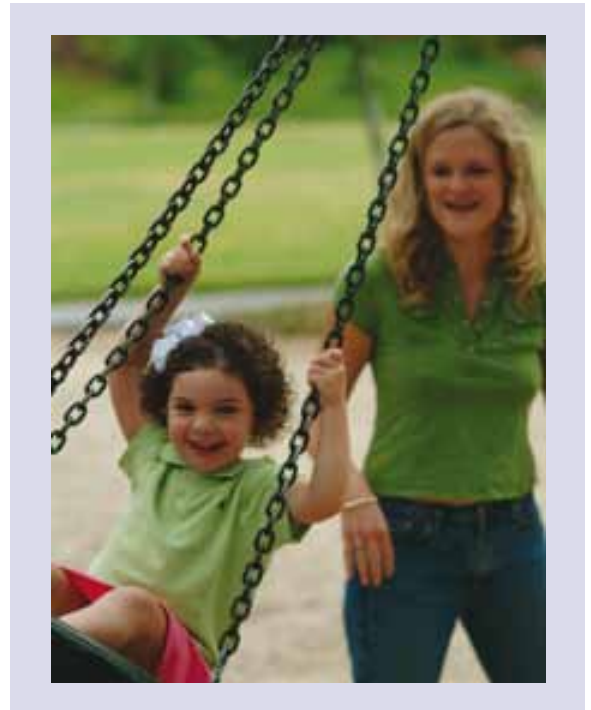
### YOUR PROGRAM PREPARATION

We will provide you with information and helpful tips to best prepare for a successful stay in Germany. Every au pair is asked to prepare a pre-departure orientation project, which will help you - among other things - to prepare age-appropriate activities for your children in your German family.

AYUSA also supports you with your visa application, travel and insurance arrangements.

### YOUR SUPPORT

Every au pair has a local AYUSA representative during the entire stay in Germany. The representative will help you to adjust to your new surroundings and assist you if you have any questions or problems. AYUSA will also provide you with a 24-hour number for emergencies.



### PROGRAM EXTENSION

If both you and your host family agree, a 6-month program can be extended to a maximum of 12 months. Families will be required to pay for the flight back to your home country if you extend your stay.

### PROGRAM OPTIONS

If you have a higher level of skills and experiences in childcare, you might be able to qualify for our Elite program or our combination program (working in a daycare center and being an au pair with a family). If you have two years of relevant professional childcare experiences, please talk to us about these options.



# GIVE AND TAKE

“Au pair” is a French word meaning “on par”. This exemplifies the program’s goal: to provide a mutually beneficial experience for the au pair and the host family. Both sides give a lot and get a lot!

## YOUR AU PAIR PROFILE

- Love caring for children
- Have previous experience in childcare
- Be between 18 and 30 years old (18 - 24 years old if you come to Germany on the Au Pair Visa)
- Hold a secondary school diploma or equivalent
- Be in good health
- Be interested in living with a German family

## AS AN AU PAIR YOU RECEIVE

- Monthly stipend
- Private bedroom and full board
- 2 days paid vacation per month (total of 4 weeks for a 12-month stay)
- Minimum of 1 free day per week
- Established working hours: maximum of 6 hours per day and 30 hours per week
- Access to transportation (either pass for local public transportation or a car)
- Comprehensive insurance package for the entire length of the program

## YOUR RESPONSIBILITIES

An au pair’s responsibilities vary and depend mostly on the age of the children in your host family. In general, your responsibilities include:

- Feed, bathe, and play with the children
- Housework related to the children (preparing children’s meals, doing children’s laundry, making children’s beds, etc.)
- Act as a member of the family, helping with tasks around the house (setting the table for a meal, helping with dishes, etc.)
- Drive children to school or other activities



## APPLICATION PROCESS

To apply to become an au pair, you will submit an application, including an essay, photographs, recent medical check-up, and police background check. You will also need at least two childcare references and one character reference. Every au pair is also interviewed by an AuPairCare representative.

## Facts about Germany Part III:

*Did you know that Germany is a world leader in environmental protection?*

*- Germany not only recycles more than 80% of glass and paper but it has also installed the largest wind farm and solar capacity in the world.*



## LIFE AS AN AU PAIR

AuPairCare au pairs are adventurous, curious, and interested in learning about new countries and cultures. Most importantly, they love spending time with children. As an au pair you will spend up to 30 hours per week taking care of children and related childcare duties. An average day might include taking your host children to the park, playing games, baking cookies with them and helping them clean their room. During your free time, you may use public transportation to explore a nearby city, take a language class to improve your German and meet other young people from around the world or join your host family for a barbecue. Life as an au pair is busy, fun, challenging and different every day.

## LIFE IN GERMANY

Germany will surprise you with the cultural and natural diversity of its 16 different states. Explore the coastlines of the North and Baltic Seas, take a boatrip along the magnificent Rhine River with its famous vineyards or hike the German Alps. Germany offers an abundance of lively cities: Berlin with its unique history and its bustling arts scene attracting young people from all over the world, Hamburg with its famous harbor and nightlife or Munich with its beautiful beer gardens, and historic architecture. If you want to explore more of the European continent, no problem: Germany borders no less than nine different countries. This allows you to visit other countries such as France, Switzerland or Denmark during or after your program in Germany. With so many opportunities right at your doorstep, your stay in Germany will be the experience of a lifetime!

### Facts about Germany Part IV:

*Did you know that Germany is home of the largest festival in the world?*

*- The Oktoberfest in Munich draws about six million people to its fairground every year. The Oktoberfest is unique to Munich. Other cities and/or regions have local festivals and fairs such as the Carnival in the Western and Southwestern part or the famous Christmas markets in Nuremburg or Dresden.*



## CONTACT US:

AYUSA International e. V.  
Giesebrechtstr. 10  
10629 Berlin  
Germany

tel. +49. 30. 84 39 39 20  
fax +49. 30. 84 39 39 796  
e-mail [info@aupaircare.de](mailto:info@aupaircare.de)

[www.aupaircare.de](http://www.aupaircare.de)

